































Online Safety: What Is Cyberbullying?

<p>Aim: Use technology safely, respectfully and responsibly; recognise acceptable and unacceptable behaviour; identify a range of ways to report concerns about content and contact in the context of recognising cyberbullying. To know what cyberbullying is and how to address it.</p>	<p>Success Criteria: I can recognise cyberbullying. I can identify a safe person to tell if I encounter cyberbullying. I know that cyberbullying can happen via a range of devices.</p>	<p>Resources: Lesson Pack</p>
<p>Key/New Words: Cyberbullying/bullying, digital, device, email, social media, posts, comments, website, Internet.</p>	<p>Preparation: Cyberbullying Labels – placed in different areas of the classroom Handy Hints Prompt Sheets – as required Differentiated What Is Cyberbullying? Activity Sheet – per child</p>	

Prior Learning: Children may have been introduced to the term 'cyberbullying' in the Year 2 Online Safety unit.

Learning Sequence

	<p>Important Words: Using the Lesson Presentation, define the terms 'bullying' and 'cyberbullying'. Discuss how bullying is when somebody chooses to be intentionally unkind to someone repeatedly and how cyberbullying is when technology is used to do this.</p>				
	<p>Spot It: Place Cyberbullying Labels on each side of the room, so that one side of the room is 'cyberbullying' and the other is 'not cyberbullying'. Share each of the example scenarios on the Lesson Presentation. Children decide if the scenario given could be cyberbullying or not and go to stand by the correct sign in the room. Allow time to discuss why each example is or isn't cyberbullying. <i>Can children recognise cyberbullying?</i></p>				
	<p>What Is Cyberbullying? Children complete the first section of the What Is Cyberbullying? Activity Sheet to identify examples of cyberbullying. Children may use the Handy Hints Prompt Sheets for support as appropriate. <i>Can children recognise cyberbullying? Can children recognise that cyberbullying can happen via a range of devices?</i></p> <table border="0" data-bbox="212 1070 1382 1417"> <tr> <td data-bbox="212 1070 598 1417">  Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet, reading a selection of scenarios and identifying clues as to whether they are examples of cyberbullying or not. </td> <td data-bbox="598 1070 984 1417">  Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet, reading a selection of scenarios and identifying clues as to whether they are examples of cyberbullying or not before giving their own opinion. </td> <td data-bbox="984 1070 1382 1417">  Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet, reading a selection of scenarios and explaining whether they think they are examples of cyberbullying or not. </td> </tr> </table>	 Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet , reading a selection of scenarios and identifying clues as to whether they are examples of cyberbullying or not.	 Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet , reading a selection of scenarios and identifying clues as to whether they are examples of cyberbullying or not before giving their own opinion.	 Children complete the first section of the differentiated What Is Cyberbullying? Activity Sheet , reading a selection of scenarios and explaining whether they think they are examples of cyberbullying or not.	
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	<p>Trust Me, I'm a... Using the Lesson Presentation, discuss with children the steps they should take if they think they are experiencing cyberbullying. You may wish to discuss the meaning of 'trusted adult' with the children prior to the next activity.</p>				
	<p>Say Something: Children complete the second section of the What Is Cyberbullying? Activity Sheet by listing the people they could go to for help. <i>Can children identify a safe person to tell if they encounter cyberbullying?</i></p> <table border="0" data-bbox="212 1626 1382 1917"> <tr> <td data-bbox="212 1626 598 1917">  Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet, identifying at least two people they could turn to if they experience cyberbullying. </td> <td data-bbox="598 1626 984 1917">  Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet, identifying at least three people they could turn to if they experience cyberbullying. </td> <td data-bbox="984 1626 1382 1917">  Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet, identifying at least three people they could turn to if they experience cyberbullying and explaining their choices. </td> </tr> </table>	 Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet , identifying at least two people they could turn to if they experience cyberbullying.	 Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet , identifying at least three people they could turn to if they experience cyberbullying.	 Children complete the second section of the differentiated What Is Cyberbullying? Activity Sheet , identifying at least three people they could turn to if they experience cyberbullying and explaining their choices.	
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	<p>Share: Using the question prompts on the Lesson Presentation, children discuss with a partner the key things they have learnt about cyberbullying in the lesson, including what it is, how it can happen and what steps children can take if they see it.</p>				

Taskit

Promiseit: Children create a class promise to sign about how they will communicate on digital devices and ask for help if they think they encounter cyberbullying.

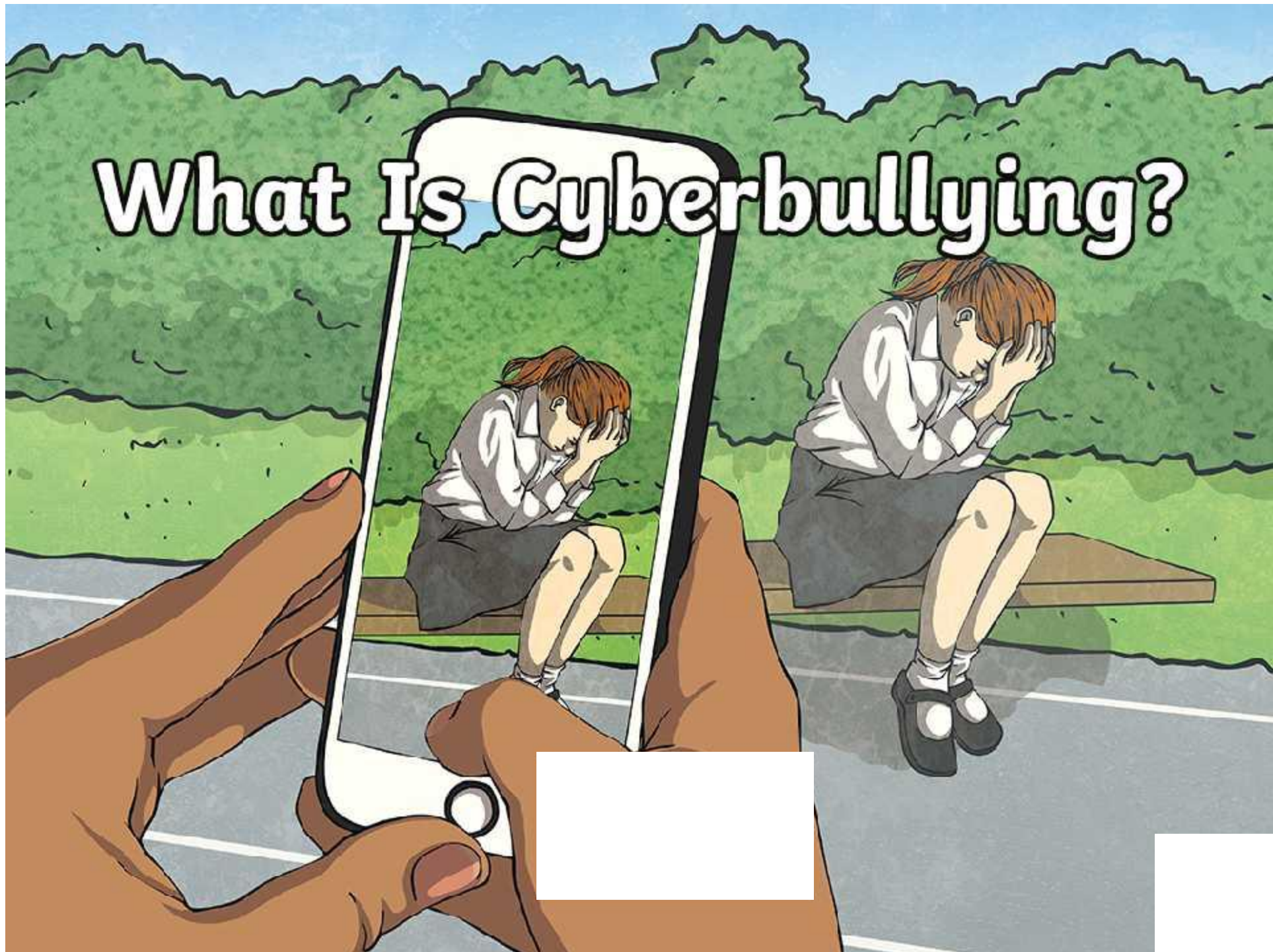
Writeit: Children write a story about cyberbullying using one of the scenarios in the [Lesson Presentation](#). They should continue the story by imagining what happens if the cyberbullying is reported to an adult.



Computing

Online Safety

What Is Cyberbullying?



Aim

- To know what cyberbullying is and how to address it.

Success Criteria

- I can recognise cyberbullying.
- I can identify a safe person to tell if I encounter cyberbullying.
- I know that cyberbullying can happen via a range of devices.

Important Words



What does this word mean?



bullying



We might use the word 'bullying' to describe when somebody is **intentionally** mean or unkind, more than once, to another person.



What type of actions might we think of when we talk about bullying?

Important Words



What does this word mean?

cyberbullying



We might use this word to describe when someone uses **digital technology** to be intentionally mean or unkind to someone more than once.

Spot It



Read the following situations and decide if they are examples of cyberbullying.

Cyberbullying

- Something is being done intentionally.
- The person being unkind **knows** that they are upsetting the other person, but does it anyway.
- It usually happens more than once or lasts a long time (not always).
- It uses any type of online/digital communication (e.g. email, text, social media, apps, message boards, etc.).



Not Cyberbullying

- Something hurtful was done by accident.
- The person that was unkind might not know that they have upset someone.
- Someone has said something unkind as a one-off comment but it is not repeated.
- Online communication hasn't been used to be unkind.



Stand by the correct sign in the room to show your answer.

Spot It



You receive an unkind message from a stranger playing an online game with you:
Is this cyberbullying? Move to your answer...



Spot It



No... Although this person isn't being nice, they haven't purposely targeted you, or repeated the behaviour.

How could you deal with this situation?



Spot It



You find out that lots of your friends are in a group chat and have all been saying unkind things about you in it.

Is this cyberbullying? Move to your answer...

I know, did you see his jacket today?
He looked so stupid.



So glad he's not in this chat!

His laugh is so funny, we were making fun of it in maths and he didn't even notice.

Spot It



Yes... These people are purposely being mean about somebody else and they are using technology to do it.

How could you deal with this situation?

I know, did you see his jacket today?
He looked so stupid.



So glad he's not in this chat!

His laugh is so funny, we were making fun of it in maths and he didn't even notice.

Spot It



At school, some children are making fun of you because of your profile picture on a kids' game site.

Is this cyberbullying? Move to your answer...



Spot It



No... Although they aren't being nice, they haven't been mean to you
only. **How could you deal with this situation to stop it getting worse?** It is important to remember that this could become cyberbullying in the future.

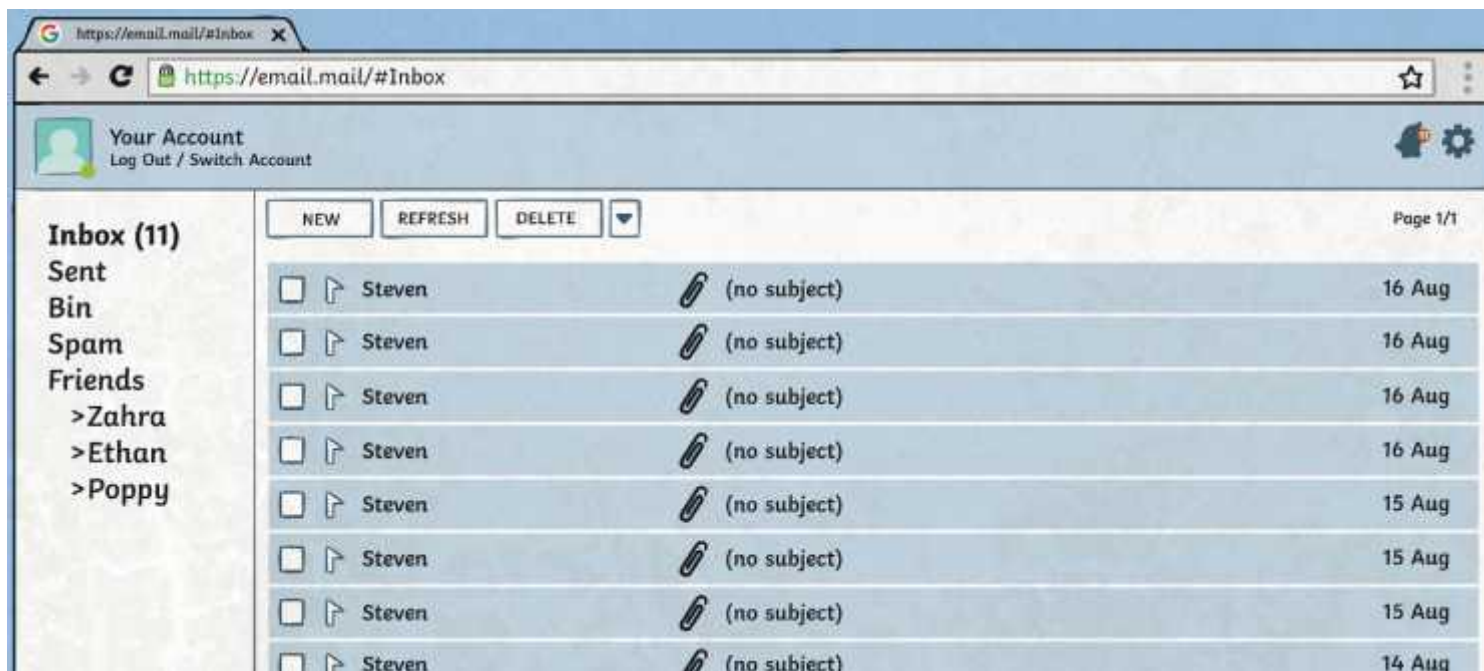


Spot It



Someone keeps emailing you a picture that makes you uncomfortable. They know it upsets you. They haven't said anything unkind, but they keep sending you the picture.

Is this cyberbullying? Move to your answer...

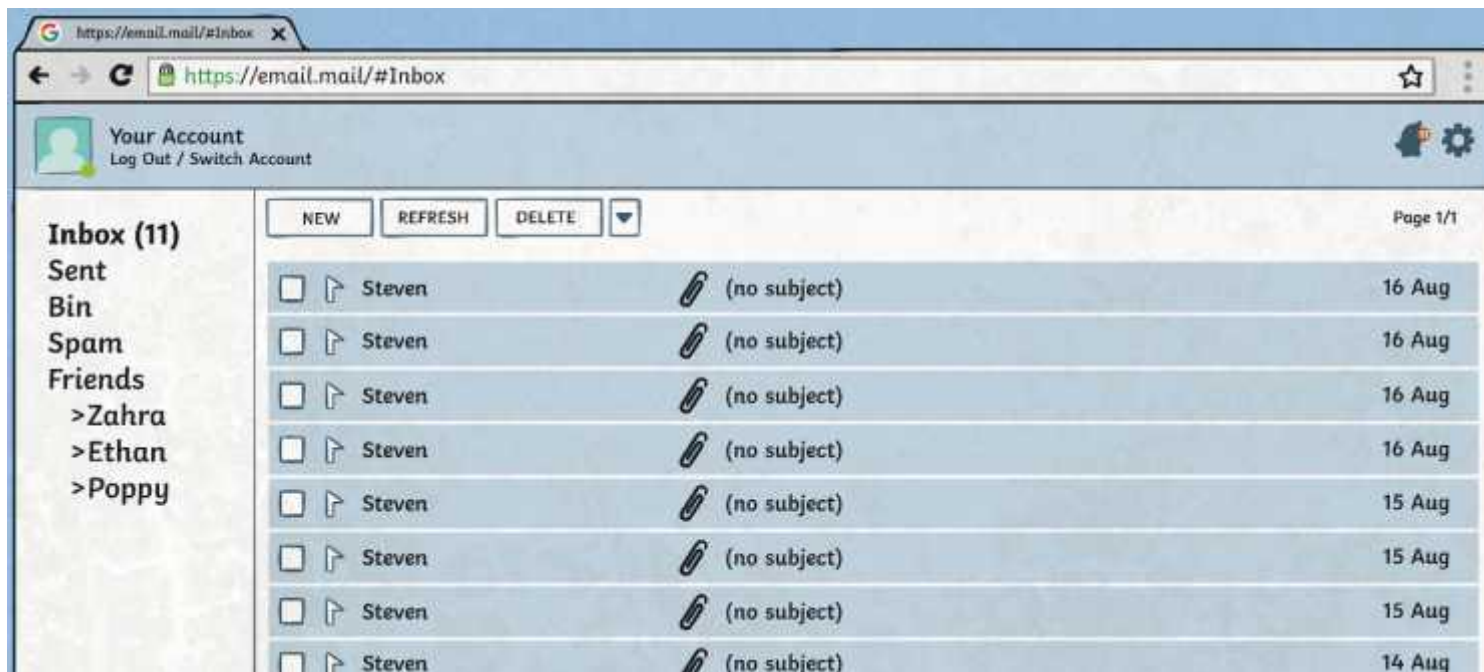


Spot It



Yes.. **Someone** is using digital means to intentionally upset you; it doesn't matter that they're not saying horrible things.

How could you deal with this situation?





What Is Cyberbullying?



Do you now know what cyberbullying is?

Look at the scenarios on the first section of the **What Is Cyberbullying? Activity Sheet**. Identify the cyberbullying and explain how you know which situations could be cyberbullying.

Wh	Wh	What Is Cyberbullying?
<p>Scenario 1 Look at the scenario and think about what it is like.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p>	<p>Scenario 1 Look at the scenario and think about what it is like.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p>	<p>Scenario 1 Look at the scenario and think about what it is like. Use the name Emily if you need it.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p> 
<p>Explain your answer.</p>	<p>Explain your answer.</p>	<p>Explain your answer.</p>
<p>Scenario 2 Look at the scenario and think about what it is like.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p>	<p>Scenario 2 Look at the scenario and think about what it is like.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p>	<p>Scenario 2 Look at the scenario and think about what it is like. Use the name Emily if you need it.</p> <p>Emily has received the message, nothing she can do about it. She is a cyberbully.</p> 
<p>Explain your answer.</p>	<p>Explain your answer.</p>	<p>Explain your answer.</p>

Trust Me, I'm a...

There is one thing you should always do if you think someone is bullying you online (or if you think someone else is being bullied online).



What do you think that one thing might be?

Tell an adult you trust!



Who might be someone you could tell?



Trust Me, I'm a...



class teacher



another teacher
at school



a friend's parents
or carers



aunt or uncle



grandparent



parent or carer

If you think you or someone you know is experiencing cyberbullying, tell an adult with whom you feel safe and comfortable.

Say Something



Who could you tell if you or a friend experienced cyberbullying?

Complete the second section of the **What Is Cyberbullying? Activity Sheet**.

★★★ Wh	★★ Wh	★ What Is Cyberbullying?
<p>Section 2</p> <p>Look at the example and think about why it got 3 stars.</p>	<p>Section 3</p> <p>Look at the example and think about why it got 2 stars.</p>	<p>Section 1</p> <p>Look at the example and think about why it got 1 star.</p>
<p>Example 1</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>	<p>Example 2</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>	<p>Example 3</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>
<p>Circle the words.</p>	<p>Circle the words.</p>	<p>Circle the words.</p>
<p>Example 4</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>	<p>Example 5</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>	<p>Example 6</p> <p>John likes receiving text messages, but he doesn't like receiving text messages that are rude or mean.</p>
<p>Circle the words.</p>	<p>Circle the words.</p>	<p>Circle the words.</p>

Share



Think about what you have learnt today. Talk about these questions with a partner.

- What is cyberbullying?
- What are some of the different ways in which a person can be cyberbullied? What devices can be used?
- Who should you go to for help if you are worried about cyberbullying?



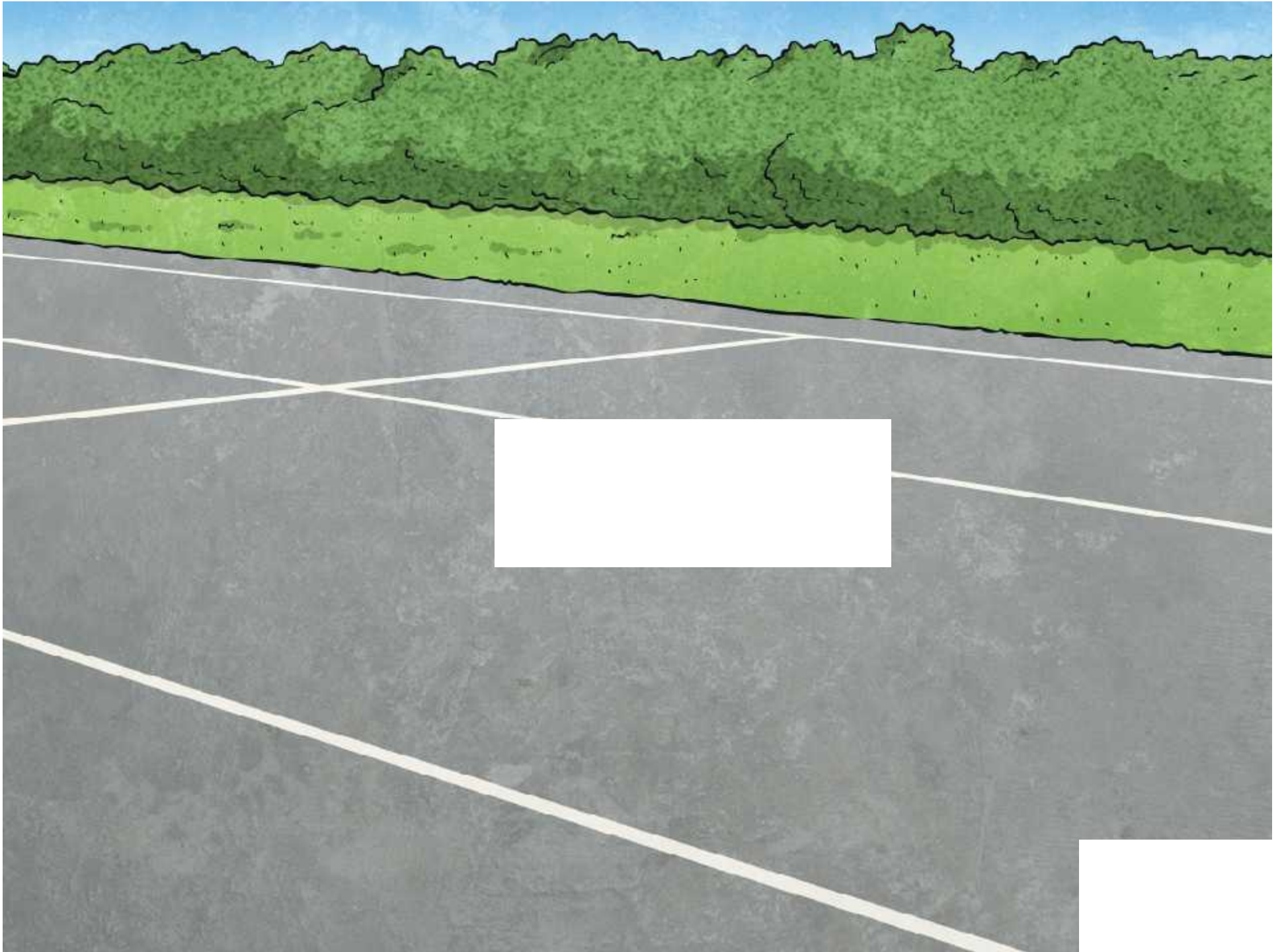
Aim



- To know what cyberbullying is and how to address it.

Success Criteria

- I can recognise cyberbullying.
- I can identify a safe person to tell if I encounter cyberbullying.
- I know that cyberbullying can happen via a range of devices.



Aim: To know what cyberbullying is and how to address it.				Date:					
				Delivered By:			Support:		
Success Criteria	Me	Friend	Teacher	T	PPA	S	I	AL	GP
I can recognise cyberbullying.				Notes/Evidence					
I can identify a safe person to tell if I encounter cyberbullying.									
I know that cyberbullying can happen via a range of devices.									
Next Steps									
) _____									
) _____									

T	Teacher	I	Independent
PPA	Planning, Preparation and Assessment	AL	Adult Led
S	Supply	GP	Guided Practice

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Handy Hints

Spotting Cyberbullying

Look out for these features to decide if a situation could be cyberbullying.

- Something is being done **intentionally**.
- The person being unkind **knows** that they are upsetting the other person, but does it anyway.
- It usually happens more than once or lasts a long time.
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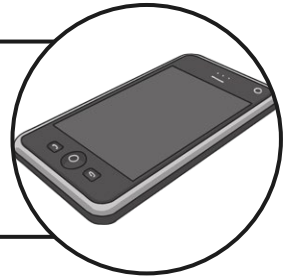
What Is Cyberbullying?

Empty rounded rectangular box with a line extending to the right ending in three circles.

Section 1

Look at the examples and decide which show cyberbullying and which do not. Use the Handy Hints Sheet to help if you need to.

Josh keeps receiving texts from an unknown number. They always say really mean things about his brother. He has texted them back asking them to stop but they haven't.



Clues that this **is** cyberbullying:

Two horizontal lines for writing.

Clues that this **is not** cyberbullying:

Two horizontal lines for writing.

Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.



Clues that this **is** cyberbullying:

Two horizontal lines for writing.

Clues that this **is not** cyberbullying:

Two horizontal lines for writing.



What Is Cyberbullying?

Someone has taken a screenshot of Ellie's profile picture and has written rude comments on it and sent it to the rest of her friends.



Clues that this **is** cyberbullying:

Clues that this **is not** cyberbullying:

Section 2

Identify **at least two** people who you, personally, could turn to for help if you were worried about cyberbullying.



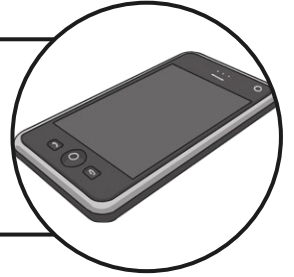
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Clues that this **is** cyberbullying:

Clues that this **is not** cyberbullying:

Do **you** think this is cyberbullying?

Someone has left a comment on Akeem's video saying, "It's a shame his voice is so annoying or this would be good". He is upset about it.



Clues that this **is** cyberbullying:

Clues that this **is not** cyberbullying:





What Is Cyberbullying?

Do **you** think this is cyberbullying?

Someone has taken a screenshot of Ellie's profile picture and has written rude comments on it and sent it to the rest of her friends.



Clues that this **is** cyberbullying:

Clues that this **is not** cyberbullying:

Do **you** think this is cyberbullying?

Section 2

Identify **at least three** people who you, personally, could turn to for help if you were worried about cyberbullying.



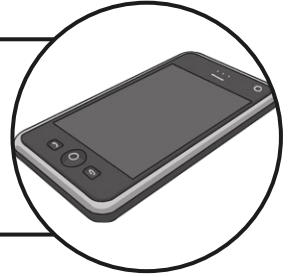
What Is Cyberbullying?



Section 1

Look at the examples and decide which show cyberbullying and which do not. Use the Handy Hints Sheet to help if you need to.

Libby keeps receiving texts from an unknown number. They always just say a rude word, nothing mean about anyone. She has texted them back asking them to stop but they haven't.



Is this cyberbullying?



Explain your answer.



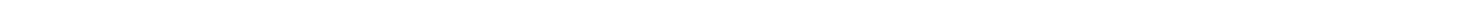
Harvey and his friend Logan took a silly picture together. Logan shared it online just because he thought it was funny, but Harvey was upset that other people saw it. Logan took it down when he knew Harvey wasn't happy.



Is this cyberbullying?



Explain your answer.





What Is Cyberbullying?

Ameena accidentally sent a text to her friends instead of her sister. It said something silly and her friends all made fun of her the next day at school.



Is this cyberbullying?

Explain your answer.

Section 2

Identify **at least three** people who you, personally, could turn to for help if you were worried about cyberbullying. Explain why you chose each of these people.

Online Safety | What Is Cyberbullying?

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